

From: info@baldmanmag.com ()
To: D.J. Verret
Date: Monday, May 4, 2009 11:03:39 AM
Subject: BaldManMag.com Issue 5

BaldManMag.com

May 4, 2009

Articles by D.J. Verret, MD

In The News - International Hair Transplants for Love and Money

A recent article on Bloomberg.com spoke of Koreans seeking cosmetic surgery, including hair restoration, to give them an edge in both the love search and job search. In an increasingly competitive environment, the investment in yourself to create a more youthful appearance can end up paying off in the long run. [For the complete article, click here.](#)

Current Topic - Psychology of Hair Loss

Though hair loss is not a life threatening condition, studies have illustrated that hair loss can have a significant effect on quality of life. Patients can experience additional stress from concern over hair loss which in turn can add to future hair loss. Many studies have been performed which reinforce the fact that hair loss can take a psychological toll on the person with the loss and carry negative stereotypes.

According to the Hair Loss Learning Center web site, a 1971 study done with a picture of the same person with different degrees of baldness drawn in was shown to 60 people. Respondents indicated that the person with the balding head of hair was weak, dull, and inactive. The same person with a bald head of hair was rated as unkind, bad, and ugly. Yet the same person with a full head of hair was rated as handsome, virile, strong, active, and sharp.

In a 2006 Turkish study, both balding and non-balding males were questioned about the psychological and social implications of balding. A majority of the respondents indicated that hair loss would produce psychologically negative results. The respondents indicated a possible negative effect on other family members, relationships with the opposite sex, and occupation/academic life.

The most recent study to demonstrate a negative psychological impact from hair loss was published in Britain in 2009. The study consisted of 171 women and 43 men with hair loss who were given several standardized surveys concerning quality of life measures. The results showed a decrease in quality of life for several measures and the results were worse for women than for men.

Unfortunately adults are not the only patients affected by hair loss. Children also suffer from hair loss and the psychological impact should not be minimized. Several programs have been set up to help children deal with hair loss including ones which provide wigs for children for little to no cost.

To unsubscribe, [click here](#)